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today, it's that and much more, and it has the potential to change in fundamental ways how patients interact with the health care system

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there's a lot to do: the usual blood draws, a rerun of the treadmill test, an ultrasound of my blood vessels, and, finally, a body composition test

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can force rom to 110 degrees with much pain, but can only use about 90 degrees freely, and with pain and stiffness

naturalhealthsherpa.com metabolic type