I tried very hard and did a lot of research this time to have a VBAC, but ultimately, for my situation, the safest birth is another C-section.

You can stick these on either side of your couch or on opposite corners of a room to mimic surround sound when you listen to your music.

Most leash reactive dogs will not be able to focus entirely on you as the stimulus passes.

In many cases, the halls are larger than the rooms they lead to or rooms can be reached by more than one hallway.